

Children of Integrity Montessori Academy

Packing List

Elementary Student Outdoor Camp

September 17 – 20, 2007

Year One Students will be camping overnight for Monday, September 17 only.

Here's a list of what to bring to camp. It will be important to travel light as children should be able to carry most of their own belongings. This list covers basic necessities and is adequate to meet the children's needs at camp. Please encourage your child to pack their own belongings as this fosters independence and respect for self. If you feel it is absolutely necessary that your child bring additional items to camp, please check with your child's teacher.

If you have any questions, please call the school at (604) 461-1223.

Equipment

- Small backpack
- Warm sleeping bag and pillow
- Flashlight with extra batteries
- Sunscreen, sunglasses, and sun hat (baseball hats ok)
- Water bottle (1 liter)
- Hard cover journal and pencil in a Ziploc bag
- Novel or story book of your choice

Clothing

- 1 pair of sturdy shoes
- Sandals
- 2 pairs of socks (warm or fleece socks for night)
- 2 pairs of underwear
- 1 pair of long pants
- 1 pair of shorts
- 1 t-shirt
- 1 fleece or wool jacket (this should be non-cotton)
- Swimsuit
- Rain jacket
- Rain boots
- Warm hat (touque) (Wool or fleece)
- Lightweight warm gloves

Toiletries

- Toothbrush
- Toothpaste
- Soap and shampoo
- Hairbrush or comb
- Deodorant
- Towel and washcloth
- Towel big enough for swimming

Optional

- Musical instrument/songbooks
- Frisbee
- Extra blanket
- Insect repellent
- Warm scarf